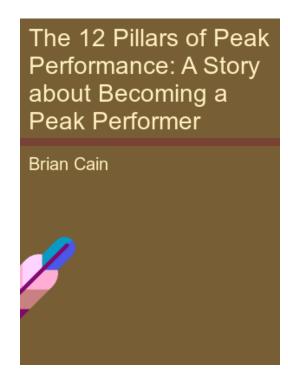
## [PDF Download] The 12 Pillars of Peak **Performance: A Story about Becoming a Peak Performer Online eBook**



## **Book info:**

Author: Brian Cain

Format: 176 pages

**Dimensions**: 127 x 203mm

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**Illustrations note**: Illustrations, black and



## Plot:

The 12 Pillars of Peak Performance is A Story About Becoming a Peak Performer by Brian Cain. For more information, visit BrianCain.com

## **Recommendations:**

Pillar #1, Heads-Up Baseball, Pillar #2, The Daily Dominator, The Power of Positive Leadership, Conscious Coaching, You Win in the Locker Room First, Pillar #3, Relentless, The Carpenter, Mind Gym, The Energy Bus, The No Complaining Rule, The Cubs Way, Lead... for God's Sake!, Legacy, Peak Performance, The Champion's Mind, The Mindful Athlete, The Captain Class