

[EPUB Download] Sacred and Herbal Healing Beers: The Secrets of Ancient Fermentation Online eBook

Book info:

Author: *Stephen Harrod Buhner*

Format: *450 pages*

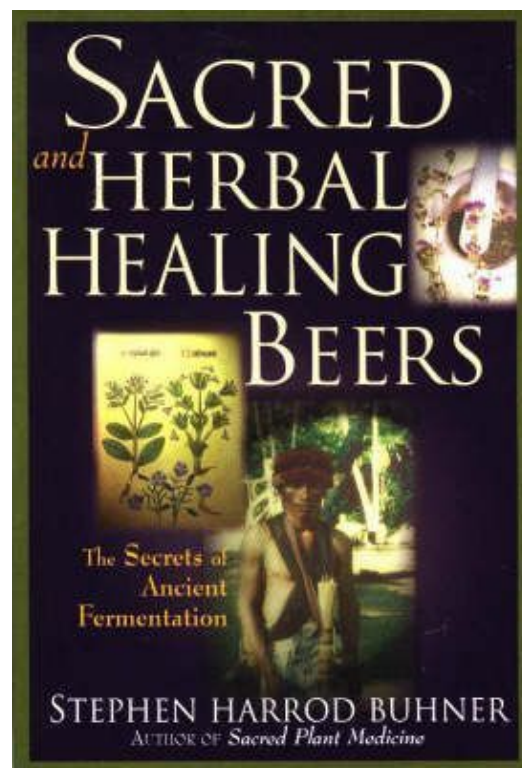
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Synopsis:

The medicinal, spiritual, sacred and ceremonial properties of nearly 200 plants - when used as fermented beverages - are explored in this text. The author explains how fermentation and plant use as medicine and psychotropics have always been companions in life's path, and are part of the exploration of what it is to be human. He also explores the universal beliefs between ancient and indigenous cultures as to the spirituality and healing power of plants and fermentation.

Additional Info:

Make Mead Like a Viking, Herbal Antibiotics, Plant Intelligence and the Imaginal Realm, The Lost Language of Plants, Herbal Antivirals, The Secret Teachings of Plants, Sacred Plant Medicine, The Art of Fermentation, Transformational Power of Fasting, Probiotic Drinks at Home, Earth Magic Oracle Cards, Nourishing Traditions, Wild Fermentation, Braiding Sweetgrass, River Cottage Veg Every Day!, American Sour Beers, Herbs for Hepatitis C and the Liver, Wood & Beer, The Big Book of Kombucha, Plant Spirit Healing