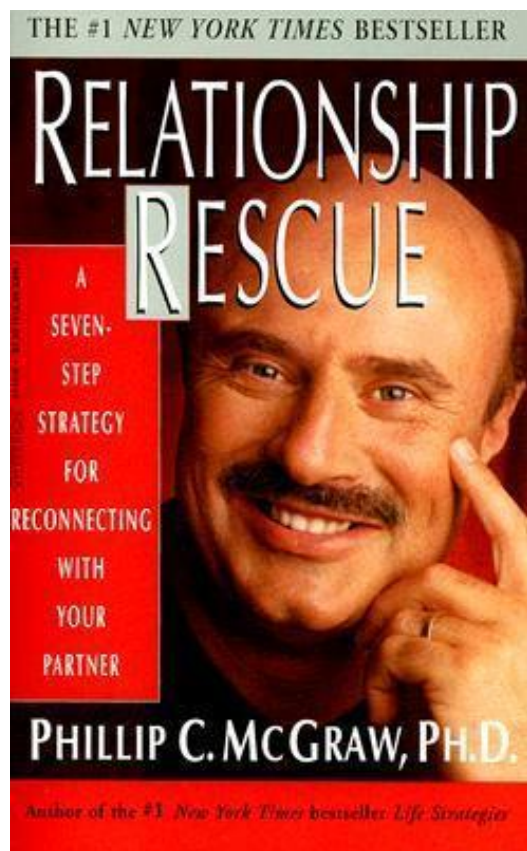


[EPUB Download] Relationship Rescue: A Seven-Step Strategy for Reconnecting with Your Partner Online eBook



Book details:

Author: *Phillip C McGraw*

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Overview:

Dr. Phil McGraw turns his expertise to the primary area of concern troubling most people: their relationships. In his tell-it-like-it-is style that already has impacted millions of viewers of The Oprah Winfrey Show, Dr. Phil blows the whistle on the rhetoric of traditional couples therapy. Instead, he tells you at the very beginning that no matter what state your relationship is in, not only are you responsible for it; you are responsible for getting it back on track. Drawing upon his years of experience in counseling couples and conducting nationally attended seminars, Dr. McGraw explodes ten of the most popular myths about what a good relationship is supposed to be. He goes on to reveal the various types of bad spirits that you possess and will regularly use, often unconsciously, to destroy your relationship. And he takes you through the supremely important Personal Relationship Values that you must adopt before you will be able to turn your relationship around. But the relationship rescue must begin with you and by the time you finish this book, he will have inspired you to reclaim your dignity and self-respect. Relationship Rescue is such a

transformative book that not only will you be able to feel you re back on track again with the person who was once the love of your life but you ll know that you are back on track with yourself.

See also:

About Phillip C McGraw

Dr. Phil McGraw is the author of five #1 New York Times bestsellers: Life Strategies: Doing What Works, Doing What Matters; Relationship Rescue: A Seven-Step Strategy for Reconnecting with Your Partner; Self Matters: Creating Your Life From the Inside Out; The Ultimate Weight Solution: The Seven Keys to Weight Loss Freedom, and his most recent book, Family First: Your Step-by-Step Plan for Creating a Phenomenal Family. He is also the author of the New York Times bestseller The Ultimate Weight Solution Cookbook: Recipes for Weight Loss Freedom as well as The Ultimate Weight Solution Food Guide. His books have been published in 37 languages with over 22 million copies in print. Dr. Phil has a B.S, M.A. and Ph.D. in clinical psychology from North Texas State University with a dual area of emphasis in clinical and behavioral medicine. He has been a board-certified and licensed clinical psychologist since 1978, and appears on his nationally syndicated daily one-hour series, Dr. Phil. He lives in Los Angeles with Robin, his wife of 28 years, and their two sons, Jay and Jordan.