

# Read Empowerment Series: The Skills of Helping Individuals, Families, Groups, and Communities Full Book

## Details:

**Author:** *Lawrence Shulman*

**Format:** *888 pages*

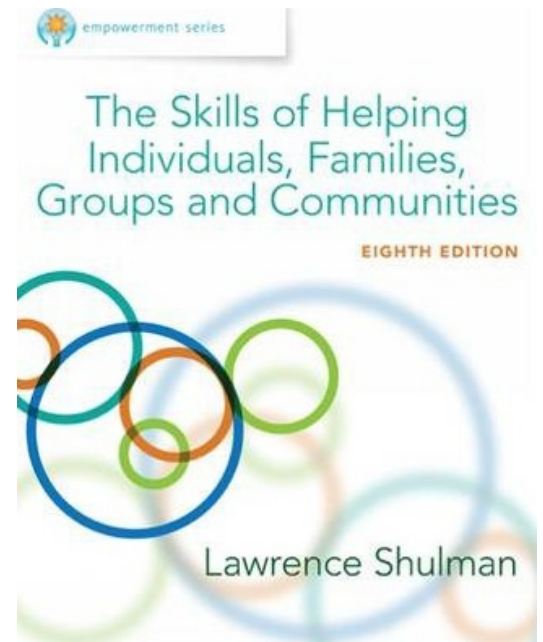
**Dimensions:** *208.28 x 254mm*

**Publication date:** *13 Feb 2015*

**Publisher:** *Cengage Learning, Inc*

**Imprint:** *CENGAGE Learning Custom Publishing*

**Release location:** *Mason, OH, United States*



## Overview:

Shulman's text introduces a model for the helping process based on an "interactional" approach, which uses a variety of theories and skills to build on the client-helper relationship. By presenting the core processes and skills in the chapters on work with individuals, Shulman shows how common elements exist across stages of helping and across different populations. These processes and skills reappear in the discussions of group, family, and community work.

## Additional Information:

## Table of contents

Preface.

Part I: A MODEL OF THE HELPING PROCESS.

1. An Interactional Approach to Helping.
  2. Oppression Psychology, Resilience, and Social Work Practice.
- Part II: SOCIAL WORK WITH INDIVIDUALS.
3. The Preliminary Phase of Work.
  4. Beginnings and the Contracting Skills.
  5. Skills in the Work Phase.
  6. Endings and Transitions.
- Part III: SOCIAL WORK WITH FAMILIES.
7. The Preliminary and Beginning Phases in Family Practice.
  8. The Middle and Ending Phases in Family Practice.
  9. Variations in Family Practice.
- Part IV: SOCIAL WORK WITH GROUPS.
10. The Preliminary Phase in Group Practice: The Group as a Mutual-Aid System.
  11. Beginning Phase with Groups.
  12. The Middle Phase of Group Work.
  13. Working with the Individual and the Group.
  14. Endings and Transitions with Groups.
- Part V: MACRO SOCIAL WORK PRACTICE: IMPACTING THE AGENCY/SETTING, THE COMMUNITY, AND EFFECTING SOCIAL CHANGE.
15. Professional Impact and Helping Clients Negotiate the System.
  16. Social Work Practice in the Community--Philosophy, Models, Principles, and Practice.
- Part VI: PRACTICE MODELS AND EVIDENCE-BASED PRACTICE.
17. Evidence-Based Practice and Additional Social Work Practice Models.

## About Lawrence Shulman

Lawrence Shulman is a professor, as well as a former dean, in the School of Social Work at the State University of New York, Buffalo campus. A social work practitioner educator for more than 40 years, he has done extensive research on the core helping skills in social work practice, supervision, and child welfare and school violence. Dr. Shulman has published numerous articles and monographs on direct practice and is the author or coeditor of nine books. He also was the coeditor of the JOURNAL OF CLINICAL SUPERVISION and serves on five other editorial boards. In addition, Dr. Shulman is the cofounder and cochair of the International and Interdisciplinary Conference on Clinical Supervision sponsored by the National Institutes of Health and the Haworth

Press. Recognized for his dedication to excellence in scholarship and research, pedagogy and curriculum development, and organizational leadership, Dr. Shulman is a recipient of the 2014 Significant Lifetime Achievement in Social Work Education Award, awarded by the Council of Social Work Education.